### Action Team - PAGE 1: School counselor role

If prior indication of cutting, relationship building with student

Connects with parents, if issues

Screens on anxiety/depression

 $\rightarrow$ 

Consults with in-school CYMH support (SBMH)

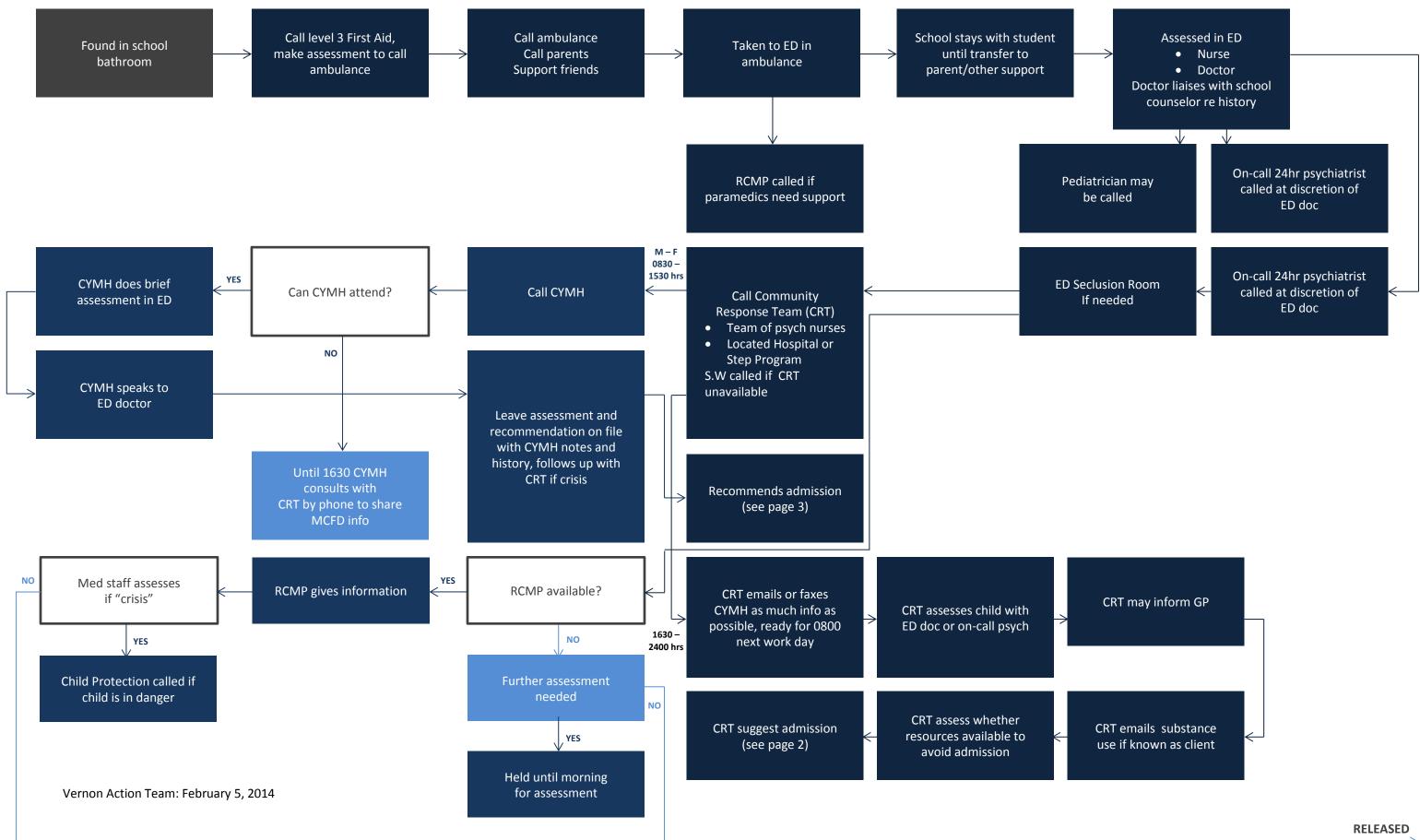
SBMH counselor may see youth rather than CYMH as follow-up

Support youth/family through hospital discharge process

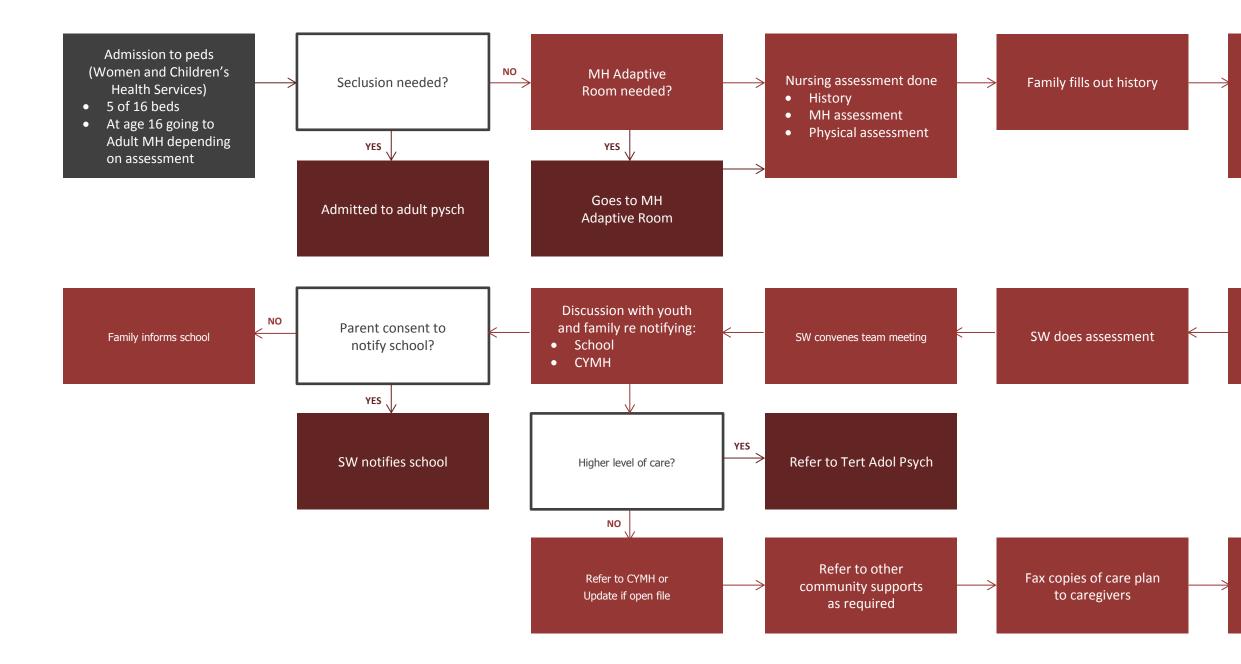
Refers to DBT or other services if appropriate

If drug issues, refers to school drug and alcohol counselor

### **Example of Process Map - School to Emergency Department**



# PAGE 3: Admission to discharge (Maria)



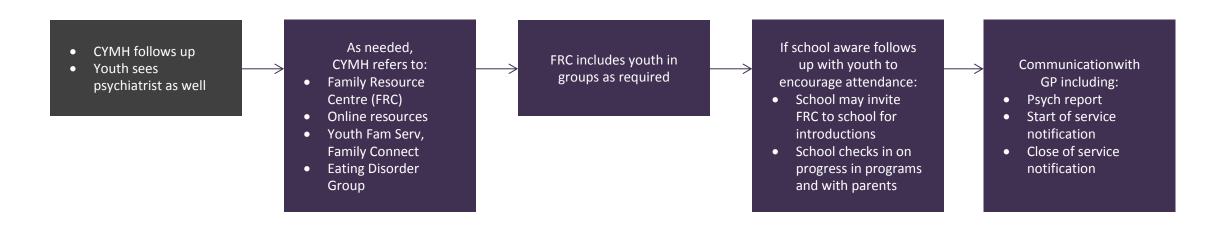
#### Get orders from MRP or psychiatrist:

- Allowed visits
- Off unit
- Use of electronics

Give youth and parent information package

Discharge to community (see page 4)

# PAGE 4: Discharge to community (Maria)



RCMP follows up with online threats either in hospital or after once youth stable

#### NOTES

- CYMH looks after most unwell children moderate to severe within range of diagnosis
- Youth with mild to moderate problems are referred to other services
- Can attend other services while on waitlist will follow-up on progress
- CYMH can look for emerging needs surfacing in community to develop/contract appropriate programs
- Youth/Fam Services connects with high-risk youth could be with both Youth/Fam Services and CYMH or Youth/Family Serv on own
- CYMH develop care plans and partner with Youth/Fam Services for execution