## Are you a youth or young adult who has questions or concerns about substance use? Worried about someone else's use of alcohol or other drugs?

Please join youth for an emotionally safe & informative learning session on Substance Use at the Core Inn, 3rd floor on Wednesday, January 11, 2017. Angela Koetzle, Youth Alcohol & Drug Counsellor with Salt Spring Island Community Services will facilitate an engaging session with young people from the Salt Spring community. Angela will look at risk and protective factors and discuss what you would like friends, parents, schools and the community to know about how best to support you. Any youth who has been affected by their own, or someone else's substance use are welcome and encouraged to participate.

When? Wednesday, January 11, 5–7 pm

Where? Core Inn, 3rd Floor

## How?

substanceuse-youth.eventbrite.com or by invitation

Food and beverages will be provided. Entry for prize upon participation.



There is also a learning session for adults/caregivers at the Salt Spring Island Public Library from 6–8 pm in the multi-purpose room on Wednesday, January 11, 2017. Registration is via Eventbrite at substanceuse-cymhsu.eventbrite.com. Child-minding is also available via Eventbrite.





These sessions are brought to you by the Salt Spring Island Local Action Team as part of the Child and Youth Mental Health and Substance Use (CYMHSU) Collaborative, funded in partnership by Doctors of BC and the BC government.