

Youth in crisis presents in ER

**Carrier Sekani Family Services**  
Ph: 250-567-2900 Fax: 250-567-2975  
**Nechako Valley Community Services**  
Ph: 250-567-9205 Fax: 250-567-3939  
**APAU** Ph: 250-565-2000

Business Hours  
Monday – Friday  
8:30 - 4:30

Yes

No

Phone Local Mental Health Office

□ NVCSS or □ CSFS

Request In-hospital Risk Assessment

Responding Counsellor gathers all available info. Conducts assessment and reports back to family and attending Physician

Determination of Risk by Physician

High

Low to Medium

Physician consults with APAU Psychiatrist on call

Determination of Risk by Counsellor

Low to Medium

High

Youth returns home after Physician completes Communication Plan. Sent to local CYMH office NVCSS or CSFS.

Youth held in hospital, Send urgent request to NVCSS or CSFS for risk assessment on next business day

Safety Plan is created in consultation with Family and Physician. Youth is discharged and followed by counsellor

\*Counsellor assumes responsibility to ensure safety plan is shared with appropriate parties.\*

Counsellor begins referral to APAU. Youth is discharged with safety plan and followed by Counsellor or held in hospital depending on risk factors

Counsellor attends APAU discharge meeting and follows youth

Counsellor makes contact with youth next business day. Counsellor follows up with family physician same day

Counsellor conducts assessment, consults Physician, begins referral to APAU. Youth is discharged with safety plan and followed by Counsellor or held in hospital depending on risk factors

Counsellor attends APAU discharge meeting and follows youth

Counsellor follows up with Family Dr. and involved parties within 30 days to share progress and ongoing needs