

AREA-WIDE Services:

ADULT MENTAL HEALTH & ADDICTIONS

Counsellors and Lifeskills workers available.

Located on the hospital grounds behind the Wrinch Residence.

Phone/drop-in for an appointment or more information.

PHONE: 250-842-5144

WILP SI'SATXW COMMUNITY HEALING CENTRE

Residential Treatment Programs for men and women.

By referral.

PHONE: 1-877-849-5211

FIRST NATION ACTION & SUPPORT TEAM (FAST)

Contact if someone has attempted or committed suicide. Support for anyone who has attempted suicide or their family members.

PHONE: 250-842-5165 x 406 or 778-202-1428

COMMUNITY BASED VICTIM SERVICES

Support for victims of domestic assault, sexual assault or criminal harassment. For men or women, any age.

PHONE: 778-210-0283

CHILD & YOUTH MENTAL HEALTH

Ministry of Children and Family Development.

For children and youth up to 18 years of age.

Phone or drop in for an appointment. Ask for an appointment in your home community.

Located in Service BC office across from the Gitanmaax gas bar.

PHONE: 250-842-7624

HAZELTON SECONDARY SCHOOL

Counsellors available to students. Ask a teacher or administrator for more information.

PHONE: 250-842-5214

GITKSAN GOVERNMENT COMMISSION WRAP AROUND PROGRAM

Kispiox, Sik-e-dakh, Gitanyow, Gitanmaax

Support for individuals and families.

Call for more info or to self refer.

PHONE: 250-842-2248

SUPPORT, SHELTER & COUNSELLING IN SMITHERS

NORTHERN SOCIETY FOR DOMESTIC PEACE

Counselling and support for men, women, children, youth and families.

Pregnancy support and assistance for victims of abuse or violence.

PHONE: 250-847-9000

PASSAGE HOUSE SHELTER

For women and children.

PHONE: 250-847-2595 (24/7)

BROADWAY PLACE EMERGENCY SHELTER

For men and children.

PHONE: 250-847-4660

DZE L K'ANT FRIENDSHIP CENTRE

Everyone welcome. Support and counselling for families, addictions, HIV awareness.

PHONE: 250-847-5211

TAKE GOOD CARE - HAMIYA

CRISIS SUPPORT

COMMUNITY BASED RESOURCE
FOR COMMUNITY MEMBERS

HELP OR SUPPORT IN CRISIS:

- EMERGENCY: 9-1-1
- Suicide: 9-1-1
- First Nations Action Support Team
250-842-5165 x 406 or 778-202-1428
- KUU-US Crisis Line: 1-800-588-8717
- 1-800-SUICIDE or 1-800-784-2433
- National Crisis Line for Residential School
Survivors: 1-866-925-4419
- Youth Support: 1-800-668-6868 or 310-1234
- Chat online: northernyouthonline.ca
kidshelphone.ca

IN THE COMMUNITIES:

SIK-E-DAKH

HEALTH CENTRE: 250-842-6876
BAND OFFICE: 250-842-5241

GITANMAAX

HEALTH CENTRE: 250-842-6320
BAND OFFICE: 250-842-5297

KISPIOX

HEALTH CENTRE: 250-842-6236
BAND OFFICE: 250-842-5248

GITSEGUCLA

HEALTH CENTRE: 250-849-5231
BAND OFFICE: 250-849-5490

GITWANGAK

HEALTH CENTRE: 250-849-5555
BAND OFFICE: 250-849-5591

GITANYOW

HEALTH CENTRE: 250-849-5572
BAND OFFICE: 250-849-5222

HAGWILGET

HEALTH CENTRE: 250-842-5272
VILLAGE OFFICE: 250-842-6258

MORICETOWN

HEALTH CENTRE: 250-847-9328
BAND OFFICE: 250-847-2133

THERE IS
HOPE

PLEASE CONTACT your band office or health centre for information about emergency support, first responders and counsellors available during the Christmas Holidays.