

Innovating to improve CYMHSU care: A physician and school counselor shared care model

The following chart outlines the steps involved in creating a physician and school counselor shared care model.

- It should be noted that:
- The first visit with a physician is for 30 minutes
 - Follow up appointments are on a frequency that works with the student (often weekly for 20 minutes)
 - The physician develops a care plan with the student

STEP BY STEP GUIDE:

CREATING A PHYSICIAN AND SCHOOL COUNSELOR SHARED CARE MODEL

- 1** Physician Champion agrees to host rotating roster within his or her office, and recruits physicians willing to take on unattached youth.
- 2** Once additional physicians are added to the roster, the managing physician office sends a letter to school counselors advising them on how to access the rotating roster. (Sample letters are available on website: www.sharedcare.bc.ca)
- 3** Physicians are notified that the rotating roster is active (usually via fax).
- 4** A school counselor who wants to make a student referral, phones the rotating roster MOA and provides demographics.
- 5** The roster MOA calls the next physician on the list to confirm availability, and provides the physician with student information.
- 6** The MOA calls the student counselor, and provides the accepting physician's contact information.
- 7** The student counselor calls the accepting physician to make an appointment that works for the student.