

Request for Services

Child and Youth Mental Health & Substance Use

- Is this patient going to self-present? yes no
- If yes, has the youth or parent been asked to contact the service? youth parent
- Has the youth or parent been provided with contact details? youth parent
- Has the youth or parent been provided with the EK Crisis Line? youth parent
- Has the youth or parent consented to share request for service information (documented in chart) yes no

PROFESSIONAL SERVICE OPTIONS:

- Child and Youth Mental Health (CYMH) Counsellor, John Denham, fax 250-344-7592
- EKASS Substance Use Counselor, Justin Telfer, fax 250-344-5225
- Golden Family Center, fax 250-344-5225
- RCMP Victim Services, fax 250-344-2841

Has the youth or parent consented to inform schools yes no

- Golden Secondary School Counsellor, Ron Ainslie, scan/email Ron.Ainslie@sd6.bc.ca
- Golden Elementary Schools Counsellor, Hilary Frazer scan/email Hilary.Frazer@sd6.bc.ca
- Other

URGENCY:

- < 2 days semi-urgent (1 week) routine (1 month)

Best way to contact patient:

Phone _____ may leave message

Email _____

Text _____

Please contact (optional/if needed):

Dr. _____ to discuss this case during clinic hours (250-344-2211) and state "put through". May also speak with Dr. _____

Alternate contact information (optional) _____

PLEASE INFORM IF PATIENT HAS NOT MADE APPOINTMENT BY REQUEST FOR SERVICE URGENCY TIME

LOCAL AND PROVINCIAL RESOURCES

Child and Youth Mental Health, Counsellor, John Denham: ph. 250-344-7575, fax 250-344-7592
1104 9th Street Golden South
Walk-in intake Tuesdays 9-12

EKASS: Substance Use Counsellor, Justin Telfer ph. 250-344-2000, fax 250-344-5225

Golden Family Center: ph. 250-344-2000, fax 250-344-5225
Child & Youth Support, Youth Counselling, Abuse Recovery – Children who witness abuse, Abuse Recovery – stopping the violence – for older female teens, Abuse Recovery – sexual abuse intervention program, Band of Guys drop-in at the Youth Centre – for male teens (12-18), Substance Abuse and Addictions Services for Youth, Outreach Program for Youth – for all students at Golden Secondary School and Golden Alternate School.

Golden Options for Sexual Health Clinic: 250-439-8331, opens the 1st and 3rd Wed from 6:30-8:30 in the Community Wing of the Hospital. Lower cost birth control, pap and STI testing, pregnancy counselling and testing, emergency contraception.

Golden Public Health: ph. 250-344-3001, fax 250-344-2817

Open Monday to Friday, 8:30 – 4:30, closed over lunch. Located in the Community Wing of the Hospital. Harm reduction program that includes needle exchange, immunizations, take home naloxone kits, support. Also offer pregnancy testing and emergency contraception.

Golden Schools:

Secondary School Counsellor, Ron Ainslie, ph. 250-344-2201, email Ron.Ainslie@sd6.bc.ca

Secondary School & Alternate School Aboriginal Educator, Dana Setter, ph 250-344-2201 ext 4468 email Dana.Setter@sd6.bc.ca

Elementary Schools Counsellor, Hilary Frazer, 250-344-6317 ext 4632 email - hilary.frazer@sd6.bc.ca

Alexander Park Elementary, Principal, Steve Wyer, ph. 250-344-5513, email Steve.Wyer@sd6.bc.ca

Lady Grey, Principal, Laurie MacDougall, ph. 250-344-6317, email Laurie.Macdougall@sd6.bc.ca

Golden Secondary, Principal, Iris Trask, ph. 250-344-2201, email Iris.Trask@sd6.bc.ca

Nicholson Elementary School, Principal Lois Ehman, 250-344-2370 email - lois.ehman@sd6.bc.ca

24 Hour Emergency Assistance

911: Ambulance, Fire, Police

Concerns about child abuse: 310-1234 (no area code needed)

East Kootenay Crisis Line: 1-888-353-2273 (1-888-353-CARE)

Kids Help Phone: 1-800-668-6868

MCFD after hours: 310-1234 (no area code needed)

Suicide Help Line: 1-800-784-2433 (1-800-SUICIDE)

First Nations Suicide Help Line: 1-800-588-8717 (1-800-KUU-US17)

Youth against Violence Line: 1-800-563-0808

Chat Service for Youth: 24 hour crisis line 1-866-661-3311, or access an online chat with trained volunteers between the hours of 12 pm and 1 am. www.youthinBC.com

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