

COMMUNITY  
EVENT



DOCUMENTARY  
DISCUSSION SERIES

PRODUCTION

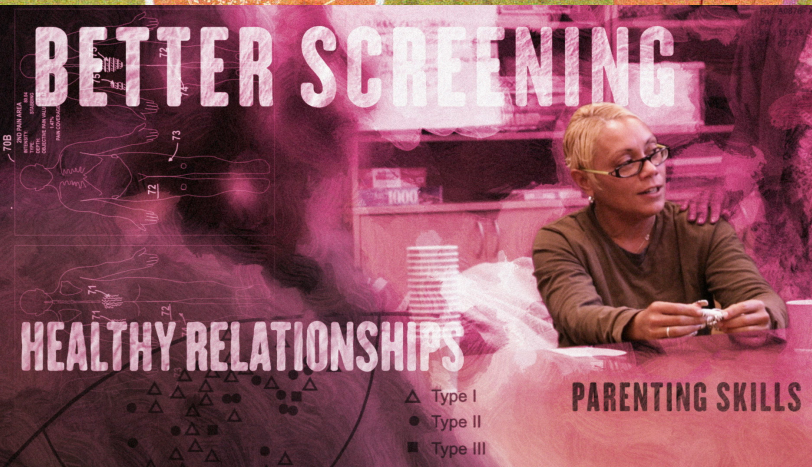
IN ASSOCIATION WITH  
ARTEMIS RISING FOUNDATION

Brought to you by the Fraser Cascade Local Action Team as part of the Child and Youth Mental Health and Substance Use (CYMHSU) Collaborative, funded in partnership by Doctors of BC and the BC government.



# RESILIENCE

## THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE



*Science has revealed the secret to good health starts in our childhood events and relationships.*

*Click here to view trailer:*

<https://www.youtube.com/watch?v=We2BqmjHN0k>

*Film and discussion / Snacks provided*

*Feb 8 5:30pm*

*Hope Secondary School  
Common Room*

*Feb 9 5:30 pm*

*Agassiz Elementary Secondary School  
Library*



Free Event: No registration Required  
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