



COMPREHENSIVE COMMUNITY RESOURCE DIRECTORY

Mount Waddington Region

Description

A comprehensive directory of child, youth and family supports including mental health and substance use services in the Mount Waddington area.

Child/Youth Mental Health & Substance Use Local Action Team
2016

Find us on  www.facebook.com/mtwaddingtoncymhsu

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CRISIS LINE NUMBERS

- **310-6789 (MCFD Mental Health Crisis Line)**
- **1-800-SUICIDE (1-800-784-2433)**
Online Chat Service for Youth: www.YouthInBC.com (Noon to 1:00 a.m.)
- **1-888-494-3888 (Vancouver Island Crisis Line)**
www.vicrisis.ca – Crisis Chat – 7 nights/week 6 to 10 p.m.
Crisis Text: 250-800-3806 - text this number 7 nights a week 6 to 10 p.m. from anywhere on Vancouver Island

Grandparents Raising Grandchildren Support Line

Monday, Tuesday, Thursday, Friday - 11:00 a.m. to 3:00 p.m.

1-855-474-9777

grgline@parentsupportbc.ca

Kids Helpline 1-800-668-6868

Live Chat: <http://kidshelpphone.ca/Teens/AskUsOnline/Chat-counselling.aspx> Wednesday to Sunday 3:00 p.m. to 11:00 p.m.

LGBT Support

www.pflag.ca

email: inquiries@pflagcanada.ca or call **1-888-530-6777**

PFLAG: A national organization dedicated to helping all Canadians who are struggling with issues of sexual orientation and gender identity. Provides support, education, and resources to parents, families, friends and colleagues with questions or concerns. For information/services on Vancouver Island please refer to website or call the toll-free number above.

Trans Lifeline is a non-profit volunteer run crisis line. The line is primarily for transgender people experiencing a crisis. This includes people who may be struggling with their gender identity and are not sure that they are transgender. While the goal is to prevent self-harm, calls from all transgendered person in need are welcomes. Phone **1-877-330-6366** (24/7) www.translifeline.org

Ministry Of Children and Family Development - If a community member is concerned about the safety of a child or youth and suspects abuse or neglect, a report to children protection can be made by calling **250-949-8011** (8:30 to 4:30 Monday to Friday) and **310-1234** during evenings and weekends.

Summary of Services

Child and Youth Social and Emotional Development

Preschool

Infant Development Program: Guidance for parents with children up to the age of 3 who are slow in developing physically, emotionally or socially. Individual support, home visits, play group. Services are free and voluntary. For more information call: **250-949-8323** (program operated by Crisis and Counselling Centre at Robert Scott School)

Aboriginal Infant Development Program: Guidance for parents with children up to school age who are slow in developing physically, emotionally or socially. Individual support, home visits, play group. Services are free and voluntary. For more information call: **250-974-5356**

Supported Child Development: Support services to children, families and child care centres so that children with extra support needs can participate in fully inclusive child care settings. Children from birth to age 12. Participation in SCD is voluntary and the program is available to all families, including families on or off reserve. **250-949-8333** (program operated by Crisis and Counselling Centre)

Building Blocks Child and Family Outreach: Pregnancy support, parenting support, health nutrition, FASD awareness and support. For more information call: **250-230-1132**

School-age Children (5 to 19)

Child and Youth Psychiatry – Attends the Mount Waddington area once a month. Requires physician referral. For information call **250-949-8011**

Discovery Youth and Family Substance Use Services - For youth who have concerns about alcohol or other drug use or are affected by someone else's drug and alcohol use. For Information call **250-902-6063**

K'wak'walat'si Child and Family Services - For assistance with school, family, peers, and child welfare. For information call **250-974-5356**

Summary of Services

Child and Youth Social and Emotional Development

Counselling For Children, Youth and Families

Services are provided by the following agencies and parents can contact them directly. In cooperation with SD85 and band schools, counselling can be offered during school hours in the school.

Child and Youth Mental Health team at MCFD	250-949-8011
North Island Crisis and Counselling Centre Society	250-949-8333
North Island Community Services	250-956-3134
School District 85	250-949-6618
Island Health Discovery Youth and Family Substance Use Program	250-902-6063
'Namgis Health Centre	250-949-5522
Gwa'sala-'Nakwaxda'xw Health Centre	250-949-8131
'Namgis Community Services	250-974-5356
K'wak'walat'si Child and Family Services	250-974-5356

If parents are worried about a child or youth that is talking about hurting themselves or ending their life, here are some numbers to call for immediate assistance:

310-6789 1-800-SUICIDE Vancouver Island Crisis Line 1-888-494-3888

Adult Mental Health and Substance Use Services

Adult Mental Health and Substance Use Services

www.viha.ca/mhas

Port Hardy Mental Health & Substance Use Services

7070 Shorncliffe Avenue, Box 1290, Port Hardy, BC V0N 2P0

Phone: **250-902-6051** Fax: 250-902-6052

Port McNeill Mental Health & Substance Use Services

2750 Kingcome Place, Box 548, Port McNeill, BC V0N 2R0

Phone: **250-956-4461** Fax: 250-956-3653

Outreach to distant communities including Port Alice, Sointula, Fort Rupert, Zeballos, Woss and Alert Bay provided.

Mental Health and Substance Use Services in the Mt. Waddington region delivers a range of services to persons aged 19 years or older living with severe mental health and/or substance use issues. We work closely with other Island Health programs, local physicians and nurse practitioners, First Nations health partners and other not for profit groups to ensure that “every door is the right door” to access the appropriate service setting. We accept referrals from primary care providers, health programs, community partners and self-referrals.

All referrals to Island Health Programs and services are made by completing the **Single Point of Access Form and faxing to 250-902-6037**

Adult Mental Health and Substance Use Services provides the following specific services:

Early Recovery Program: Mondays, Wednesdays and Fridays 10:00 a.m. - 11:40 a.m.

No appointment required Port Hardy location.

Drop-in counselling and support: Monday to Friday 1:00 p.m. - 3:00 p.m

No appointment required Port Hardy location.

Assertive Community Treatment (ACT Team): Provides facilitated community living, psychosocial rehabilitative services, and recovery for persons who are living with the most serious mental illnesses, have severe symptoms and impairments, and have not benefited from traditional outpatient programs.

Adult Mental Health and Substance Use Services

Intensive Case Management Team (ICM Team):

The Intensive Case Management Team (ICMT) in Mt. Waddington is focused on providing services to people who are:

- 16-65 years of age; and
- Experiencing moderate to severe impacts in their daily functioning due to substance use and mental health challenges; and
- Experience multiple barriers related to housing, poverty, accessing health and appropriate services; and
- May have regular involvement with emergency services including the legal system

ICMT clients require more intensive services than are available in the traditional mental health and substance use system of care.

- ICMT services will include street outreach and providing services in the community, meeting people where they are to be found. Clients will be engaged by a multidisciplinary team, integrating other direct community and health care services to support individuals and families in the Mt. Waddington region.
- ICMT operates 7 days a week 0830-1900 to support clients who have been assessed and accepted to the team. We are not an emergency or on call service for urgent situations.
- There is a set cap on the number of clients and we carefully assess potential clients to the service before admission.

Referrals to ICMT can be made via the Mt Waddington Central Intake System at fax number **250-902-6037**.

For more information please contact ICMT at **250-902-6059**

Services For People Living With HIV/Aids Or Hepatitis C

- Short-term counseling focused on immediate needs and outcomes
- Advocacy and support with income assistance, health care services, employment, housing, disability status applications and legal matters
- Non-judgmental education and support for treatment, side effects, nutrition and symptoms
- Nurse practitioner available anytime upon request

Harm Reduction Services

- Harm reduction supplies (including pipes and mouth pieces), support and education
- Education for safer drug use
- Referrals and links to other services
- Referral to and assistance navigating social and health care systems

Adult Mental Health and Substance Use Services

Alcoholics Anonymous

1-800-663-1441

A.A. is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical and is available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

Narcotics Anonymous

1-877-379-6652

Narcotics Anonymous (or NA) is a non-profit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using.

Lighthouse Resource Centre (Salvation Army)

8635 Granville Street, Port Hardy, BC V0N 2P0

Phone: **250-949-8125** Fax: 250-949-7885

Provides free emergency assistance with food, shelter, clothing, household goods, etc. for persons who have unexpected expenses. Operates the Lighthouse Shelter, an emergency shelter for adults from Nov 1st to March 31st

'Namgis Treatment Center

For information call **250-974-5522**

Building Blocks

7305 Market Street, Box 1407, Port Hardy, BC V0N 2P0

Phone: **250-230-1132**

Services provided include supporting families with children and youth from 0-18 years of age through outreach and groups, Healthy pregnancies and thriving babies, FASD awareness and support, Harm reduction/addictions supports, health nutrition, early detection and assessment for FASD, pregnancy support for young mothers and fathers, parenting support and training, providing a safe, family oriented place for visits, advocacy and resources.

Child and Youth Psychiatry FAQ

1. MCFD is responsible for providing psychiatry consults for children and youth. There are a set number of sessions per fiscal year.
2. The consulting psychiatrist comes to the north island once a month.
3. A referral from a physician OR pediatrician OR nurse practitioner is required prior to seeing a child or youth. After every meeting a report is sent to the referral source with a copy to the counsellor attending the appointment. The reports may include recommendations for medication but they need to be prescribed by the referring physician in order to have effectiveness and side effects monitored locally and frequently if needed.
4. Child and Youth Mental Health services provided by MCFD cover the 0 to 19 age range but the Psychiatrist does not usually see children under the age of 5.
5. The Psychiatrist also requires that a counsellor be involved with the child or family. In theory, as MCFD arranges for this service, it is supposed to be an MCFD clinician in attendance but he or she will see clients involved with any counsellor, including school counsellors. Counsellors are expected to implement recommendations from the report and attend follow-up consults to report back on the outcomes.
6. The Psychiatrist does not perform assessments related to ADHD, FASD, or learning problems. Children who have ADHD, FASD and learning problems can be assessed if these conditions exist with other mental health conditions and there is a need to sort out which diagnosis is contributing to which behaviour.
7. Screening assessment for Autism Spectrum Disorders can be performed with referrals to V.I.C.A.N. initiated.
8. Pre and post consults for The Maples or Ledger House clients are available.
9. Initial assessment sessions take about 2 hours. They involve a structured interview that includes a review of birth and child development information in addition to looking into the history of both parents. The child is often given an opportunity to speak alone with the Psychiatrist as are the parents.
10. Follow-up interviews can last between half an hour to a full hour.
11. If you require additional information, please contact Child and Youth Mental Health at **250-949-8011**.

Child, Youth Mental Health & Substance Use Services & Family Supports

Discovery Youth & Family Substance Use Program

7305 Market Street Port Hardy

Phone: **250-902-6063** Fax: 250-902-6064

Assist youth and/or their families to reduce the harms associated with substance use and related issues.

Discovery Youth and Family Substance Use Services are free, and available to anyone in the community directly or indirectly negatively impacted by substance use:

- Youth aged 13 to 19 who have concerns about alcohol or other drug use
- Families/caregivers who are concerned about a youth using alcohol or other drugs
- Any support person who is worried about a youth's use of alcohol or other drugs
- Youth who are worried about someone else's use of alcohol or other drugs

Offer a range of services including:

- Individualized Planning Services
- Individual and Family Counselling Services
- Outreach Services
- Coordination of Services
- Withdrawal Management Services
- Supported Residential Services
- Education and information about alcohol or other drugs

Ministry Of Children and Family Development

8755 Gray Street, Box 578, Port Hardy, BC V0N 2P0

Phone: **250-949-8011** Fax: 250-949-8936

Website: www.gov.bc.ca/mcf

MCFD provides the following services:

- **Child Protection:** to make a report call **250-949-8011** between 8:30 a.m. and 4:30 p.m. or **310-1234** evenings and weekends
- **Youth Probation**
- **Children and Youth with Special Needs** - funding and programming for children diagnosed with a development delay or Autism Spectrum Disorder **250-949-8011**

The local MCFD office also has a **Family Consultant** from the **Poverty Reduction Initiative**. In 2012, MCFD and UBCM launched the Community Poverty Reduction Strategies. Recognizing the impacts of poverty, including poorer health outcomes and decreased opportunities for children and youth, there was a shared motivation to work collaboratively with communities to support their efforts to innovatively address the issues and challenges surrounding poverty.

- **Child & Youth Mental Health:**

Inquiries and requests for service: call or text **250-230-2344** 9:00 a.m. to 5:00 p.m. Mon-Fri

Child, Youth Mental Health & Substance Use Services & Family Supports

North Island Community Services

375 Shelley Crescent, Box 248, Port McNeill, V0N2R0

Phone: **250-956-3134** Fax: 250.956.4484

- **Family Life Program**
Referrals to this program come directly from the Ministry of Children & Family Development. Workers assist families with a variety of services, determined in partnership with MCFD and each family.
- **Child & Youth Counselling**
Based in Port McNeill, our Counsellor works with children and youth 6 -19 years of age who are experiencing emotional or social difficulties.
- **Toddler Time:** Monday, Tuesday and Wednesday 9:30am – 11:00am
Ages 0-6 playtime, crafts, healthy snacks, and to connect with other parents.
- **Foster Families' Support Program**
The Foster Families' Support Worker assists foster families with accessing supports and training, finding resources, supporting local and regional foster family networks, and providing advocacy in some situations.
- **Community Links/Semi-Independent Living**
The Community Links Program is a day program for adults with developmental disabilities. This program provides life skills training and support in accessing the community more independently, promoting understanding and respect between the community at large and people with exceptional challenges.
The Semi-Independent Living Program supports adults with developmental disabilities to live independently, alone or with family, a partner, or friends in an apartment or house. Support staff monitor general health, and help with day-to-day activities including shopping, food preparation, hygiene skills, budgeting, social skills, housekeeping and laundry. This program also encourages clients to access natural community supports systems.
- **Supported Employment**
Provides support to adults with developmental disabilities who are either already working or looking for work in their communities.
- **Parents of Young Children Program** (Community Action Plan for Children)
The Parents of Young Children offers group and outreach support, in partnership with Building Blocks, providing support, counselling, life skills training, health and social information to the participants of the program. The goal of these activities is to build self-esteem and to encourage participants to be competent, loving parents as well as healthy, independent individuals. This program is open to Port Hardy and area families with children from infancy to 6 years of age.

Child, Youth Mental Health & Substance Use Services & Family Supports

North Island Community Services (continued from previous page):

- **Promising Babies** (Canadian Prenatal Nutrition Program)
In partnership with Island Health Authority, we are the host agency for the promising Babies Program. There are weekly drop-in programs in both Port McNeill and Port Hardy. It's an informal opportunity to meet with other parents and to discuss interesting pre and post-natal topics. These sessions are all based on the participant's' needs and are open to all prenatal and postnatal families with babies up to 1 year of age.
- **Second Look Thrift Store** - The Thrift Store recycles and sells donated household items and uses any revenues to fund a school bursary, personal care kits at the Port McNeill Hospital, and assist NICSS in the delivery of services. For information on donations or to become a volunteer, call: **250-956-3833**
- **Huckleberry House Children's Centre** - Huckleberry House Children's Centre is a provincially licensed centre that includes 3 and 4 year old preschool, group daycare, before and after school care, and infant and toddler care program.
- **We'll Help You (WHY) - The WHY program aids in the following cases:**
Parental deliveries that require an emergency transfer.
Residents of the North Island needing emergency medical travel.
- **The Mount Waddington Transit System** - Our community bus system provides service between Port McNeill, Port Hardy, Coal Harbour, Fort Rupert, and Hyde Creek. There is some capability for HandyDart services at specific times.
- **Volunteer Transportation Network** - Volunteer drivers use their personal vehicles to transport eligible clients to and from various destinations, generally medical and dental appointments, to the food bank, court appearances or grocery shopping.
The VTN is available within the same service area as our Mt Waddington Community Bus Service.

Child, Youth Mental Health & Substance Use Services & Family Supports

North Island Crisis and Counselling Centre Society

7095 Beverley Parnham Way, Box 2446, Port Hardy, BC V0N 2P0

Phone: **250-949-8333** Fax: 250-949-8344

Website: www.nicccs.org

Email: reception@nicccs.org

NICCCS offers the following programs and services:

- **Women's Outreach** - Specialized Services for Women for:
Depression, Anxiety, Anger, Sexuality
Trauma and Abuse Issues

Recovery and Healing

Grief and Loss

This program responds to the needs of women and children who have experienced, or are at risk of violence. An Outreach Worker will help women to identify what they need, and assist with transportation, childcare, and other supports so that women living in outlying communities have access to services.

- **Crisis Stabilization Program:** offers a 6 bed residential facility for men and women who require short term crisis housing.
- **Safe Shelter** - for women who have been physically, sexually and/or emotionally abused and for their children. We serve all the North Island communities.
- **Child and Youth Mental Health Counselling** - Our Counsellor works with children and youth who are experiencing distress which is impairing their functioning at home, at school, with peers, or in the community.

The Counsellor is part of the North Island Child & Youth Mental Health Team, which provides a continuum of services throughout the North Island, ensuring effective and timely access to services throughout the Mount Waddington Regional District.

- **Sexual Abuse Intervention Program** -
The Sexual Abuse Intervention Program is part of the Child & Youth Mental Health Program. Our Counsellor works with children and youth who have been sexually abused, as well as children and youth (up to 12 years of age) who are showing sexually intrusive or abusive behaviours. We also offer support to the families and/or caregivers.
- **Children Who Witness Abuse Program** - This program offers individual and group counselling services for children and youth, 3 – 19 years old, who have witnessed abuse or violence.

Child, Youth Mental Health & Substance Use Services & Family Supports

North Island Crisis and Counselling Centre Society (continued from previous page):

- **Family, couple and individual counselling for various concerns including but not limited to:**
 - Couple/Marital Relations
 - Family of Origin Issues
 - Violence in Intimate Relationships
 - Conflict Management
 - Parenting Skills
 - Parent-Child Conflict
 - Anger Problems
 - Grief Counselling
- **FASD Key Worker Program** - Our Key Worker offers a variety of services to families who are living with fetal alcohol spectrum disorder, including:
 - assisting families in understanding FASD by providing education and information specific to the needs of the child and family.
 - assisting families in accessing support, health and education services development of local support services.
 - providing emotional and practical support to families.
 - working with community professionals to develop local support servicesWorking within a strengths-based, family centered model, the Key Worker helps families living with FASD to build a supportive environment that is adapted to meet their needs. Parents are welcome to self-refer to the program without an assessment, or at any point during the assessment process. Key Worker services are not restricted to a family whose child qualifies for, or completes an assessment.
- **Infant Development Program** - The Infant Development Program serves children from birth to three years old who are at risk for, or who already have a delay in development.
- **Strong Start Program** - This play-based early learning program is for parents and caregivers and their young children, aged birth to five. Our qualified early childhood educator leads learning activities, including stories, music and art to help children get ready for in kindergarten.
- **Supported Child Development** - Supported Child Development is available to families with children 19 years and under who require extra support with physical, intellectual, emotional, communicative or behavioural challenges.
- **Family Support Program** - Family Support Program is an after school, activity based service to teach life skills, encourage community involvement, and enhance the circle of friends for youth with special needs, ages 12-18.
- **Better At Home Program** - a United Way program that helps seniors continue living independently in their own homes by providing simple, non-medical services like help with housekeeping and transportation to appointments.

Child, Youth Mental Health & Substance Use Services & Family Supports

Sacred Wolf Friendship Centre

145 - A Granville Street, Box 2041, Port Hardy, BC V0N 2P0

Phone: **250-902-0552** Fax: 250-902-0502

- **Family and Child Development Program** coordinator develops work plans tailored to the needs of the community such as stress management, mental health, child protection, and healing.
- **Roots program:** works with MCFD to find alternative care that maintains the child's connection to their home community or family. We also work with foster parents to ensure cultural connections are maintained as much as possible.
- **Family Support Program:** supports families involved with Ministry of Children and Family Development under the Child protection department. This coordinator assists families in having their children returned home as soon as possible by helping the family reduce risk to a minimum followed by education in risk management.
- **Healing Through Traditions Program:** reaches out to all community members with the elder population as the target group. Luncheons and community kitchens are available for participants to share a meal and meet other service providers in the community. This is also a place where other things are offered such as access to flu shots, foot care, and other physical health care needs.

Representative for Children and Youth

1-800-476-3933

Every child and youth in British Columbia has the right to be healthy, safe, educated, and to be heard. The dedicated team of advocates who work in the Office of the Representative for Children and Youth (RCY) is committed to ensuring that the rights and interests of children and youth are protected and upheld, and that their views are heard and considered by decision-makers.

- **Who do they help?**
 1. Children and youth receiving reviewable services or programs provided or funded by government including: services under the *Child, Family and Community Service Act*, early childhood development or child care, addiction services for children, mental health services for children, services under the *Adoption Act*, services under the *Youth Justice Act*, services under the *Community Living Authority Act*, and additional services or programs prescribed by regulation under the *Representative for Children and Youth Act* including:
 - children and youth in care
 - young people under a youth agreement
 - young people in custody
 - children and youth with special needs
 - youth with special needs transitioning to adult services

Child, Youth Mental Health & Substance Use Services & Family Supports

Representative for Children and Youth (continued from previous page):

2. Young adults, from their 19th to 24th birthdays, who are eligible to receive services from Community Living BC and who received a reviewable service within 15 months of the person's 19th birthday.
 3. Reviewable services are generally either provided by or funded by the Ministry of Children and Family Development (MCFD) and include services or programs under the *Child, Family and Community Services Act* and the *Youth Justice Act*; mental health services for children, Child in the Home of a Relative support, and addiction services for children.
- **How can they help?**
 - Help children, youth and young adults know their rights and what to do if those rights are ignored
 - Help connect children, youth and young adults with services and the programs they need
 - Help children, youth and young adults speak up in a way that might solve their problem
 - Help children, youth and young adults be a part of discussions about the care and services they receive and the decisions made about them
 - Assist youth and young adults in their transition out of MCFD care
 - Assist transitioning youth and young adults eligible for Community Living BC.

RCMP Victim Services

Located in Port Hardy
Phone: **250-949-6335**

RCMP Victim Service Programs provide support to victims, witnesses, family members and others who have been impacted by crime and trauma. These services are free of charge and include:

- emotional support and follow up support for as long as is required;
- police requested crisis response;
- information on the status of the police investigation and the progress of the case through the court system;
- information on how the criminal justice system works and court orientation for witnesses who may be required to testify;
- assistance in completing Victim Impact Statements and in completing Crime Victim Assistance compensation forms;
- referral to appropriate social, legal, financial, counselling and other services.

Child, Youth Mental Health & Substance Use Services & Family Supports

Work BC Employment Services Centre

129-8950 Granville Street, Thunderbird Mall, Box 74, Port Hardy, BC V0N 2P0
Phone: **250-949-5736** Fax: 250-949-5797
Toll Free: 1-877-949-5736
Email: phinfo@niefs.net
Website: www.niefs.net

CHILD DEVELOPMENT

North Island Early Child Development Society (Stepping Stones Childcare Centre)

6855 Market Street, Box 42, Port Hardy, BC V0N 2P0
Phone: **250-949-3031** Fax: 250-949-3038
Daycare for ages - birth to 12
Email: steppingstonesdaycare@hotmail.ca

North Island Early Intervention Team

Box 1259, Port Hardy BC, V0N 2P0
Phone: **250-974-5356**

The Early Intervention Program (EIP) provides services for children from birth to 5 years of age with or at risk for developmental delays. Services include Speech and Language, Occupational Therapy and Physiotherapy.

This program is operated by the 'Namgis Community Services but is serving the north island.

Infant Development Program

7095 Beverley Parnham Way, Box 2446, Port Hardy, BC V0N 2P0
Phone: **250-949-8333** Fax: 250-949-8344

Operated by North Island Crisis and Counselling Services, the Infant Development Program serves children from birth to three years old who are at risk for, or who already have a delay in development.

CHILD DEVELOPMENT

Strong Start Programs

Strong Start BC programs provide rich learning environments designed for early learning development – language, physical, cognitive, social and emotional. Qualified early childhood educators lead learning activities where children find opportunity to make friends and interact with others of similar ages.

The overall learning experience is shared as parents and caregivers attend with their children and are encouraged to get involved in activities like telling stories, playing games and serving healthy snacks.

Strong Start Programs are run out of the following schools:

Port Alice

Seaview Elementary
1120 Nigei Street, Port Alice, BC V0N 2N0
Phone: **250-284-3315**

Woss

Woss Lake Elementary
4500 MacRae Avenue, Woss, BC V0N 3P0
Phone: **250-281-2233**

Port McNeill

Cheslakees Elementary
2853 Mind Road, Port McNeill, BC V0N 2R0
Phone: **250-956-3411**

Port Hardy

Robert Scott School
6855 Market Street, Port Hardy BC V0N 2P0
Phone: **250-949-9425**
Email: northislandcaregivers@hotmail.com

Success by 6

Mt. Waddington Area
Website: www.successby6bc.ca
Success By 6 BC is a partnership of United Ways, Credit Unions of BC, the BC Government through the Ministry of Children and Family Development (MCFD) and Aboriginal and community leaders.

Success By 6 builds community through engaging citizens in building child and family friendly communities and funding programs that include cultural programs and resources, literacy, nutrition, child care, children's play, parenting and family skills development.

CHILD DEVELOPMENT

Supported Child Development

7095 Beverley Parnham Way, Box 2446, Port Hardy, BC V0N 2P0

Phone: **250-949-8333** Fax: 250-949-8344

Operated by North Island Crisis and Counselling Services. SCD is available to families with children 19 years and under who require extra support with physical, intellectual, emotional, communicative or behavioural challenges.

PRESCHOOL AND CHILDCARE

Alert Bay:

Amlilas Daycare

Licensed Group Daycare – 30 months to school age

Operator: Diane Alfred

126 Boundary Street, Box 350 Alert Bay BC Von 1A0

Phone: **250-974-5510** Fax: 250-974-5549

Email: dianea@namgis.bc.ca

Port Hardy:

Brenda's Daycare

Licensed Family Child Care

Operator: Brenda Cadwallader

4230 Byng Road, Box 1306 Port Hardy BC V0N 2P0

Phone: **250-949-7913**

Email: cbc@cablerocket.com

Building Blocks Daycare

Licensed Family Child Care

Operator: Naomi Stead

7675 Eagle Crescent West

Phone: **250-949-2311**

Email: naomijstead@gmail.com

PRESCHOOL AND CHILDCARE

Port Hardy (continued from previous page):

Hey Diddle Diddle Daycare

Licensed Family Child Care

Operator: Marlene Clelland

9415 Elk Drive Box 1301 Port Hardy BC V0N 2P0

Phone: **250-949-6357**

Kwigwis Day Care

Licensed Group Daycare under 36 mos to school age & 30 mos to school age

And multi-age child care

Operator: Betty- Jean Dziekan

99 A Tsakis Way Box 1440 Port Hardy BC V0N 2P0

Phone/Fax: **250-949-9015**

Email: kwigwis@cablerocket.com

Lil' Amigos

Licensed Family Child Care

Operator: Mariti Mellow

9400 Elk Drive Box 1120 Port Hardy BC V0N 2P0

Phone: **250-949-7361** Fax: 250-949-7351

Email: amigos22@telus.net

Rainbow Country Daycare

Licensed out of school care, Group daycare and 36 mos & 30 mos to school age, multi age child care

Operator: Marnie Smith

8870 Central Street Box 170 Port Hardy BC V0N 2P0

Phone: **250-949-6021** Fax: 250-949-6720

Email: rainbowdaycare@telus.net

Stepping Stones Daycare & Preschool

Licensed out of school care, Group daycare under 36 mos and 30 mos to school, multi-age child care and Preschool

Operator: Christina Cheetham

6855 Market Street Box 42 Port Hardy BC V0N 2P0

Phone: **250-949-3031** Fax: 250-949-3-38

Email: steppingstonesdaycare@hotmail.ca

Wagalus Preschool

Licensed Preschool

Operator: Carol Ford

99A Tsakis Way Box 1440 Port Hardy BC V0N 2P0

Phone: **250-949-9028** Fax: 250-902-2246

Email: frhs@kwakiutl.bc.ca

PRESCHOOL AND CHILDCARE

Port McNeill:

Huckleberry House Children's Centre

Licensed Preschool, Out of School Care, Group Daycare under 36 mos and 30 mos to school age

375 Shelley Crescent Box 1028 Port McNeill BC V0N 2R0

Phone/Fax: **250-956-3975**

Email: huckb@telus.net

Little Stars

Licensed Preschool, Group Daycare, Infant and Toddler Care

Port McNeill BC V0N 2R0 Phone/Fax: **250-956-2774**

FIRST NATION SERVICES

Gwa'sala-'Nakwaxda'xw Band

Band Office

154 Tsulquate, Box 998
Port Hardy, BC V0N2P0
Phone: **250-949-8343** Fax: 250.949.7402

Gwa'sala-'Nakwaxda'xw School

182 Tsulquate, Box 1799, Port Hardy, BC, V0N 2P0
Phone: **250-949-7743** Fax: 250-949-7422

Health and Family Services

Box 127, Port Hardy, BC, V0N 2P0
Phone: **250-949-8131** Fax: 250-949-6811

Provides a wealth of individual family, child, youth and elder services in addition to group programming. Services are available to Gwa'sala Nakwaxda'xw members on and off reserve. Self-referrals and professional referrals accepted.

- **Community Health Representatives** works with healthcare providers and the community to educate and provide information and support about healthy individuals, families and communities through education, immunization and clinics.
- **Maternal Health Representatives** support pregnant First Nations women and families with infants and young children, who live on reserve, to reach their fullest developmental and lifetime potential. Program clients: all pregnant women and new parents, with long term support for those families who require additional services.
- **NNADAP (National Native Alcohol & Drug Abuse Program) Prevention** activities, aimed at preventing serious alcohol and other drug abuse problems; **Aftercare** activities, aimed at preventing alcohol and drug abuse problems from reoccurring; **Intervention** activities, aimed at dealing with existing abuse problems at the earliest possible stage.
- **Mental Health Program** provides outreach services and individual counselling to members of the community.
- **Family Navigator (Sasamans Society)** provides assistance, guidance and support to aboriginal families/ Elders involved with the Ministry of Children and Family Development or whose children/grandchildren are in Ministry care.

FIRST NATION SERVICES

North Island Building Blocks

7305 Market Street
Box 1982 Port Hardy BC V0N 2P0
Phone: **250-230-1132** Fax: 1-866-433-5507

North Island Building Blocks is operating by Gwa'sala-'Nakwaxda'xw Band but is open to all residents of the community.

Provides support to families with children and youth ages 0-18 years of age through outreach and groups * Healthy pregnancies and thriving babies * FASD awareness and support * Harm reduction/ addictions support * Healthy nutrition * Early detection and assessment for FASD * Pregnancy support for young mothers and fathers * Parenting support and training * Provides a safe, family oriented place for visits * Advocacy * Resources *

KWAKIUTL (FORT RUPERT)

Kwakiutl Band Office

99 Tsakis Way, Box 1440, Port Hardy, BC, V0N 2P0
Phone: **250-949-6012** Fax: 250-949-6066

Wagalus School

99 C Tsakis Way, Box 1440, Port Hardy, BC, V0N 2P0
Phone/Fax: **250-949-9028** Phone/Fax: 250-949-6019
Email: wagalus@cablerocket.com

Fort Rupert Health Centre

97 Tsakis Way, Bo 2220
Port Hardy, BC V0N2P0
Phone: **250-949-6625** Fax: 250-902-2246
Programs: Patient Travel * Community Wellness * Child and Youth Work * Home and Community Care Nursing * Head Start * Education Administration * Infant Development

QUATSINO

Quatsino First Nation

305 Quattishe Rd, Coal Harbour, BC V0N 1K0
Phone: **250-949-6245** Fax: 250 949-6249

Quatsino Health Centre

305 Quattishe Road, Coal Harbour, BC, V0N 1K0
Phone: **250-949-7161** Fax: 250-949-9224

FIRST NATION SERVICES

Quatsino Health Centre (continued from previous page):

Staff: Home and Community Care Nurse * Community Health Nurse * Diabetes and Foot Care Nurse * Alcohol and Drug Nurse * Health Directory * Drug and Alcohol Counsellor * Infant Development Worker * Community Health Representative

K'ak'ot'lasts'i School

600 Cayuse Rd, Coal Harbour, BC, V0N 1K0
Phone: **250-949-9666** Fax: 250-949-9680

ALERT BAY BANDS

'Namgis First Nation

Box 210, Alert Bay, BC, V0N 1A0
Phone: **250-974-5556** Fax: 250-974-5900

'Namgis Community Services / K'wak'walat'si Child and Family Services

45 Atli Street, Box 350, Alert Bay, BC, V0N 1A0
Phone: **250-974-5356** Fax: 250-974-2634

Provides a wealth of individual family, child, youth and elder services in addition to group programming. Services are available to residents both First Nations and non on and off reserve as well as North Vancouver Island and surrounding areas. Self-referrals and professional referrals accepted.

- Early Child Development for all of Alert Bay for first and non-first nation children. Provides cultural programming through Amlilas Head Start and Day Care
- Youth Programs for all of Alert Bay for first and non-first nation youth through girls programs, boys programs, teen movie night, homework club
- Family Support * for all of Alert Bay for first and non-first nation families through individual support regarding budgeting, family dynamics, parent/child conflict, group support for relatives raising children, Elder support,
- Social Work delegated C3 providing opportunities for family restoration homes, individual and or family support with family concerns, domestic violence, support with Ministry intervention
- Victim Services/Family Wellness for all of Alert Bay for first and non-first nation families through support with legal systems, Ministry intervention and family support with building strength, life skills, self-esteem and positive interactions
- Legal Services Society for all of North Vancouver Island and surrounding areas providing assistance and support with accessing legal aid, court appearances, forms
- Social Assistance for 'Namgis residents
- Lawrence Ambers Memorial Rec Centre various activities addressing all ages, team sports, family activities, community events, information fairs for all of Alert Bay for first and non-first nation families
- Assisted Living for 'Namgis residents over 19 years of age

FIRST NATION SERVICES

ALERT BAY BANDS (continued from previous page):

'Namgis Dentist's Office

48 School Road, Box 388, Alert Bay, BC, V0N 1A0
Phone: **250-974-5205** Fax: 250-974-5237

'Namgis Doctor's Office

48 School Road, Box 49, Alert Bay, BC, V0N 1A0
Phone: **250-974-5520** Fax: 250-974-5952

'Namgis First Nation T'lisalagi'lakw School

128 Boundary, Box 50, Alert Bay, BC V0N 1A0
Phone: **250-974-5591**

'Namgis Health Centre

48 School Road, Box 290, Alert Bay, BC, V0N 1A0
Phone: **250-974-5522** Fax: 250-974-2736

Drug and Alcohol * Community Health * Home and Community Care * Mental Health*

'Namgis Treatment Centre

P.O. Box 290
Alert Bay, B.C. V0N 1A0
Phone: **250-974-5522** ext. 2101 Fax: 250-974-2257

- 42 day, inpatient/residential, adult co-ed program
- 15 bed facility

Whe-La-La-U Area Council

13 Whe-La-La-U, Box 150, Alert Bay, BC, V0N 1A0
Phone: **250-974-5501** Fax: 250-974-5904

RIVERS INLET

Oweekeno (Wuikinuxv) Nation

700 Paxta, Oweekeno Village, BC
Mailing Address: Bag 3500, Port Hardy, BC, V0N 2P0
Phone: **250-949-8625** Fax: 250-949-7105

FIRST NATION SERVICES

KINGCOME INLET

Dzawada'enuxw First Nation Band Office
General Delivery, Kingcome Inlet, BC V0N2B0
Phone: **250-974-3013** Fax: 250-974-3005

Health and Social Services
Phone: **250-974-5543** Fax: 250-974-5548

Lilawagila School
Phone: **250-974-3047** or 3049 Fax 250-974-3008

ABORIGINAL INFANT DEVELOPMENT PROGRAMS

Kwakiutl First Nations (Fort Rupert)

Box 1440, Port Hardy, B.C. V0N 2P0

Phone: **250-949-6625** ext. 224, Fax: 250-902-2246

'Namgis Community Services

Box 350, Alert Bay, BC V0N 1A0

Phone: **250-974-5356** Fax: 250-974-2634

Toll Free: 1-888-962-6447

Quatsino

305 Quattishe Road, Coal Harbour, BC V0N 1K0

Phone: **250-949-7161**

LAW SERVICES

BC Hear The Child Society

<http://hearthechild.ca/>

The BC Hear the Child Society:

- promotes the inclusion of the voices of children in decisions affecting them;
- maintains a roster of trained non-evaluative child interviewers; and
- provides public and professional education.

Under s. 37(1) of the *Family Law Act*, when the court or the parties are making orders and agreements about guardianship, parenting arrangements, or contact with a child, the parties and the court must consider the best interests of the child only. Under s. 37(2)(b), the child's views are to be taken into account when assessing the child's best interests.

There are two main ways to get the views of a child before the court:

1. through a *views of the child report* (an evaluative report) prepared by an expert, like a social worker, registered clinical counsellor, psychologist or psychiatrist, or
2. through a non-evaluative lay views of the child report (a non-evaluative report) prepared by someone who has training in interviewing children, like a family justice counsellor or a lawyer, and may also include a trained mental health professional.

Family Justice Services Information

Website: www.justicebc.ca

Family justice counsellors can give you information about the law and about the Provincial (Family) Court process. Family justice counsellors are government employees who work at Family Justice Centres. These centres offer a range of services, including:

- information and referrals,
- help filling out family court forms,
- mediation and conciliation services, and
- help planning a separation agreement.

The nearest office is in Campbell River at 115-1180 Ironwood Rd. To book an appointment, call **250-286-7527** or Toll Free 1-800-757-9406

Family Law in BC Website

(Information and self-help kits about family law problems)

Legal Services Society

400 - 510 Burrard Street, Vancouver, BC V6C 3A8

Website: www.familylaw.lss.bc.ca

LAW SERVICES

Family Maintenance Enforcement Program

Toll-Free: **1-800-663-7867**

<https://www.fmep.gov.bc.ca/>

The Family Maintenance Enforcement Program (FMEP) is a service of the Ministry of Justice. The FMEP is responsible under the Family Maintenance Enforcement Act for monitoring and enforcing all support orders and agreements that are filed with the program.

That means the FMEP will:

- Calculate arrears, record and forward payments to the person receiving support (called the recipient); and
- Take action, if and when necessary, to try to ensure the person who is supposed to pay support (called the payor) makes the required payments.

Law Line

Toll-Free: **1-866-577-2525**, press 7

(This is a toll-free telephone service that provides legal information and advice about legal issues. Staffed with lawyers and paralegals)

Legal Services Society

(Information about legal aid)

400 - 510 Burrard Street, Vancouver, BC V6C 3A8

Toll Free: **1-866-577-2525**

Website: www.lss.bc.ca

Legal Services Society Community Partner

(Information about legal aid) provided by "Namgis Community Services

Call Sharon Leas **250-974-5356** or sharonl@namgis.bc.ca

Office located in Salvation Army

You can apply for legal aid:

- over the phone through the LSS province-wide Call Centre, or
- in person through your local legal aid office.

All callers have an initial interview in which our staff ask questions to determine eligibility for our services.

1-866-577-2525 (call no charge, elsewhere in BC)

Hours: 9:00 a.m. to 4:00 p.m.; Mondays, Tuesdays, Thursdays, and Fridays

9:00 a.m. to 2:30 p.m.; Wednesdays

PovNet provides online tools that facilitate communication, community and access to information around poverty-related issues in British Columbia and Canada. We work to collect relevant news and resources of use to advocates, community workers, marginalized communities and the general public.

LAW SERVICES

Native Court Worker

Native Court worker and Counselling Association of British Columbia

<http://nccabc.ca/>

Port Hardy and Bella Bella

Toll-Free: **1-877-811-1190** ext 356 Phone: 250-902-2223 Fax: 250-949-7201

Services provided free of charge to First Nation people who are:

- involved in the criminal justice system
- facing charges
- a victim of a crime
- in need of assistance with substance abuse and detox support issues
- facing discrimination from health providers
- are dealing with family and youth issues
- are at risk of violence or abuse

Port Hardy Community Corrections

9250 Trustee Road, Bag 11,000, Port Hardy, BC V0N 2P0

Phone: **250-949-6361** Fax: 250-949-9781

POVNET

(Information about poverty law problems)

Toll-Free: **1-866-577-2525**

Website: www.povnet.org

Probation Office

9250 Trustee Road, Bag 11,000, Port Hardy, BC V0N 2P0

Phone: **250-949-6361** Fax: 250-949-9781

Toll-Free: 1-888-272-7333

Provincial and Supreme Court

9300 Trustee Road, Bag 11,000, Port Hardy, BC V0N 2P0

Phone: **250-949-6122** Fax: 250-949-9283

RCMP

Port Alice RCMP

1092 Maquinna Avenue, Box 99, Port Alice, BC V0N 2N0

Phone: **250-284-3353** Fax: 250-284-3589

Port Hardy RCMP

7355 Columbia Street, Box 86, Port Hardy, BC V0N 2P0

Phone: **250-949-6335** Fax: 250-949-6938

LAW SERVICES

Port McNeill RCMP

2700 Haddington Crescent, Box 730, Port McNeill, BC V0N 2R0
Phone: **250-956-4441** Fax: 250-956-2187

Alert Bay RCMP

145 Fir Street, Alert Bay, BC V0N 1A0
Phone: **250-974-5544**

Victims and Witnesses Of Crime

VictimLinkBC

Phone: **1-800-563-0808** Text: 1-604-836-6381

email: VictimLinkBC@bc211.ca

VictimLinkBC is a toll-free, confidential, multilingual telephone service available across B.C. and Yukon 24 hours a day, 7 days a week. It provides information and referral services to all victims of crime and immediate crisis support to victims of family and sexual violence, including victims of human trafficking exploited for labour or sexual services.

Island Health Services and Medical Directory

<p><u>Acute Care Social Worker</u> The Social Worker assists patients and families regarding discharge and rehabilitation planning. He or she arranges for continuing care services for patients upon discharge, and provides information to patients and families on such services. He or she maintains extensive ongoing liaison with, and knowledge of, community agencies. He or she consults with other health care team members regarding the social and emotional aspects of the patient's situation.</p>	<p>Port Hardy Hospital Port McNeill Hospital Alert Bay Hospital 250-230-3513</p>
<p><u>Aboriginal Liaison Nurse</u> The Nurse can help patients access non-insured health benefits as needed, facilitate use of the All Nations' Healing Room; coordinate discharge planning and communication with community contacts; organize referrals to community services; refer to Pastoral Care as requested; support patient and family during a hospital stay and help patients understand health care issues and diagnoses.</p>	<p>Port Hardy Hospital Port McNeill Hospital 250-902-6011 x 66985 250-949-0340 (cell) Alert Bay Hospital Cormorant Island 250-974-5522 local 2184; cell 250-974-8314</p>

Hospitals

Cormorant Island Health Centre

49 School Road, Box 223, Alert Bay, BC V0N 1A0

Phone: **250-974-5585** Fax: 250-974-5422

Website: http://www.viha.ca/locations/cormorant_island_health_centre.htm

Visiting Hours

- 2:00 pm - 8:00 pm daily

Services

- Emergency Department, Acute Care; Residential Care; Ambulatory Outpatient Services; Laboratory; X-Ray; Palliative Care; Emergency Obstetrics; Visiting Specialists; Medical Detox

Island Health Services and Medical Directory

Campbell River Hospital

375 2nd Street, Campbell River, BC V9W 3V1

Phone: **250-850-2141** Fax: 250-287-2153

Website:

http://www.viha.ca/locations/campbell_river_district_general_hospital.htm

Port Alice Health Centre

1090 Marine Drive, Box 69, Port Alice, BC V0N 2N0

Phone: **250-284-3555** Fax: 250-284-6163

Website: http://www.viha.ca/locations/port_alice_health_centre.htm

Hours: daily 8:30 am - 4:30 pm

Services: Urgent Care; Primary Health Care Services; Home Care Nursing; Ambulatory Outpatient Services; Laboratory; Medical Imaging (X-Ray); Palliative Care (Community); Visiting Specialists; Mental Health & Addictions (Port Hardy Outreach)

Port Hardy Hospital

9120 Granville Street, Box 790, Port Hardy, BC V0N 2P0

Phone: **250-902-6011** Fax: 250-949-7000

Website: http://www.viha.ca/locations/port_hardy_hospital.htm

BC Transit

Take the #1, #11, #12

Cafeteria Hours

Daily from 9:30 am to 3:00 pm

Services: Emergency Department; Acute Care; Residential Care; Ambulatory Outpatient Services; Laboratory; X-ray; Aboriginal Health; Medical Detox; Palliative Care; Emergency Obstetrics; Visiting Specialists

Port McNeill Hospital

2750 Kingcome Place, Box 790, Port McNeill, BC V0N 2R0

Phone: **250-956-4461** Fax: 250-956-4823

Website: http://www.viha.ca/locations/port_mcneill_district_hospital.htm

Services: Emergency Department; Acute Care; Ambulatory Outpatient Services; Laboratory; Medical Imaging (X-Ray); Adult Diabetes Education Centre; Nutrition Services; Palliative Care; Regional Obstetrics; Medical Detox; Visiting Specialists

Island Health Services and Medical Directory

St. Joseph's General Hospital

2137 Comox Avenue, Comox, BC V9M 1P2
Phone: **250-339-2242** Fax: 250-339-1432
Website: <http://www.sjghcomox.ca/>

Medical Centres

'Namgis Health Centre

48 School Road, P.O. Box 290
Alert Bay, BC, V0N 1A0
Phone: **250-974-5522** Fax: 250-974-2736

Services: Community Health Nurse; Diabetes Nurse Educator; Community Health Representative; Patient Travel Program; Immunization program; Well babies clinics; Pre and postnatal support; School-based health; Environmental health liaison; Aboriginal Diabetes Initiative; Communicable Disease Control; Harm Reduction; Program Coordination; Patient Travel Program; Home and Community Care; Doctor's Office; Dentist; Mental Health

Port Alice Health Centre

see information above

Port Hardy Primary Health Care Centre

9140 Granville Street
Port Hardy, BC V0N 2P0
Phone: **250-902-6008** Fax: 250.902.6009

Hours: Monday, Wednesday, Friday, Saturday: 9am – 5pm
Tuesday and Thursday: 9am – 7pm

Services: Diabetes Educator; Dietitian; Primary Health Care Services (Family Practice Physicians, Nurse Practitioners); Visiting Specialists

Website: http://www.viha.ca/locations/port_hardy_primary_centre.htm

Island Health Services and Medical Directory

Medical Centres (continued from previous page):

Port McNeill Collaborative Clinic

2161 McNeill Road, Box 14, Port McNeill, BC V0N 2R0

Phone: **250-956-3377** Fax: 250-956-3299

Services: Physicians, Nurse Practitioner, Public Health, Visiting Specialists, Adult Mental Health and Addictions, Child and Youth Mental Health

Public Health Units

'Namgis Health Centre

48 School Road, Box 290, Alert Bay, BC V0N 1A0

Phone: **250-974-5522**

Port Alice Public Health

1090 Marine Drive, Box 69, Port Alice, BC V0N 2N0

Phone: **250-284-3555** ext 229 Fax: 250-284-6163

Call Port Hardy number to find out more about services

Port Hardy Public Health/VIHA

12 - 7070 Market Street, Box 46, Port Hardy, BC V0N 2P0

Phone: **250-902-6071** Fax: 250-902-6072

Monday to Friday 8:30 a.m. to 4:30 p.m.

Services available: pregnancy testing plus nursing support during and after pregnancy, prenatal vitamins, Vitamin D, and Babies Best Chance resource book, Youth Clinic for birth control, PAPs and STI testing on Tuesday from 3 to 5 p.m., immunizations for infants, dental health counselling in pregnancy

Port McNeill Public Health

1775 Grenville Place, Port McNeill, BC V0N 2R0

Phone: **250-956-4711** Fax: 250-956-2031

Sointula Community Health

#25 2nd Street, Box 274, Sointula, BC V0N 3E0

Phone: **250-973-2373** Fax: 250-973-2377

Specialists Contacts

Island Health Speech and Hearing Clinic

104 - 501 Fourth Street, Courtenay, BC V9N 1H3

Phone: **250-331-8526**

Population Served: Children, from birth to 19 years, 11 months; People of any age who have developmental delay and who live on Vancouver Island

Accessing Services: Parents of preschool-aged children can call the clinic directly for appointments: Referrals are accepted for all clients from Public Health Nurses, Physicians, Speech-Language Pathologists and other community agencies/professionals.

Ear, Nose and Throat Specialist (Physician referral required)

Dr. C.H. Van Rooy

Suite 102 909 Island Highway, Campbell River, BC V9W 2C2

Phone: **250-830-0707** Fax: 250-830-0701

Optometrist

Dr. Stanley Eng

#7 7070 Market Street, Port Hardy, BC V0N 2P0

Phone: **250-949-6282** Fax: 250-949-6285

Website: www.drstanleyeng.com

Paediatricians & Fetal Alcohol Spectrum Disorder (Physician Referral Required)

Dr. Mark Lund & Dr. Mehraj Gnawali

Alder Medical Centre

277 Evergreen Road, Campbell River, BC V9W 5Y4

Phone: **250-287-7441** Fax: 250-287-4384

Paediatric Allergy (Physician Referral Required)

Dr. Edward G. Coates

Suite 2 - 3188 Barons Rd, Nanaimo, BC V9T 4B5

Phone: **250-729-7994** Fax: 250-729-7998

Pediatric Psychiatry (Physician Referral Required)

Dr. Carol Coxon

contact Child and Youth Mental Health at the Ministry of Children and Family Development

Port Hardy office, **250-949-8011**

Provincial Programs

Angel Flight of BC

Box 2623, Sidney, BC V8L 4C1

Phone: **250-818-0288** Fax: 250-665-0247

Website: www.angelflight.ca

Email: angel@angelflight.ca

This is a non-profit charitable organization that provides free flights from Port Hardy and Port McNeill to Vancouver and Victoria for cancer patients to access treatments at hospitals and specialized centres.

At Home Program Medical Benefits

Medical Benefits Program

Ministry of Children & Family Development

Box 9763, Stn. Prov. Gov't, Victoria, BC V8W 9S5

Phone: **250-387-9649**

Toll-Free: **1-888-613-3232**

Email: https://www.mcf.gov.bc.ca/at_home/med_benefits.htm

Eligibility

To be eligible for the At Home Program, a child must be:

- Age: 18 years or younger for Respite Benefits; 17 years or younger for Medical Benefits;
- A resident of British Columbia;
- Enrolled with British Columbia Medical Services Plan;
- Living at home with a parent or guardian, and;
- Assessed as dependent in at least three of the four activities of daily living (eating, dressing, toileting and washing)

BC 24 Hour Nurse Line - 811

A Nurse, Dietitian and Pharmacist available for questions

BC Early Hearing Program

Phone: **250-519-5725** Fax: 250-519-2015

Toll-Free: **1-866-612-2347**

Website: www.phsa.ca/AgenciesAndServices/Services/BCEarlyHearing/default.htm

Email: beehp@phsa.ca

Children and Youth with Special Needs (CYSN)

Ministry of Children and Family Development

8755 Gray Street, Port Hardy, BC V0N2P0

Phone: **250-949-8011**

Funding and services for eligible children with confirmed diagnosis of Autism (ASD) or a developmental disability.

Provincial Programs

Provincial Health Services Authority

<http://www.phsa.ca/our-services>

- BC Children's Hospital
4480 Oak Street
Vancouver, British Columbia V6H 3N1
Phone: **604-875-2345** Toll Free: **1-888-300-3088**

BC Mental Health and Substance Use Services: Adolescent Inpatient Psychiatric Unit; Child and Adolescent Psychiatric Emergency Unit (CAPE); Kelty Mental Health Resource Centre (keltymentalhealth.ca); Provincial Specialized Eating Disorders Program

- Sunny Hill Health Centre for Children
3644 Slocan Street
Vancouver, British Columbia V5M 3E8
Phone: **604-453-8300**
- BC Autism Assessment Network
Care of the Vancouver Island Children's Assessment Network at Queen Alexandra Centre for Children's Health. Pediatrician or Psychiatrist referral required. Contact Child and Youth Mental Health at Ministry of Children and Family Development in Port Hardy at **250-949-8011** for more information.

Queen Alexandra Centre for Children's Health

2390 Arbutus Road, Victoria, BC V8N 1V7

Phone: **250-519-6977** Fax: 250-519-6715

Website: http://www.viha.ca/locations/queen_alexandra_centre_childrens_health.htm

- **Queen Alexandra Building**

Child Youth and Family Health - Rehab Services: Clinics; Pediatric Feeding and Swallowing Service (PFSS); School Age Therapy Program; Supported Child Development; Vancouver Island Children's Assessment Network (diagnosing Autism, FASD and Complex Developmental Behaviour Conditions)

Pearkes Building

Child Youth and Family Health - Rehab Services: Early Intervention Program; G.R. Pearkes Child Care Services

Provincial Programs

Queen Alexandra Centre for Children's Health (continued from previous page):

- **Ledger House**

Child Youth and Family Mental Health: Anscomb House Program; Mood Anxiety Psychosis Team (MAP); Neurodevelopmental/Psychiatric Team (Neuro); Groups for parents, school-age children and youth; Early Psychosis Intervention Team (EPI); Crisis Services

- **Fisher Building**

Queen Alexandra Orthotics, Prosthetics & Seating

Sunny Hill Health Centre for Children

3644 Slocan Street, Vancouver, BC V5M 3E8

Phone: **604-453-8300** Fax: 604-453-8301

Toll Free: **1-888-300-3088**

Website: <http://www.bcchildrens.ca/our-services/sunny-hill-health-centre/our-services>

With a physician referral, families can access the following services:

Acute Rehabilitation; Assistive Technology; Autism (BCAAN Assessments); Complex Developmental Behavioural Conditions; Feeding & Nutrition; Gait Assessment; Hearing Loss; Nursing Support; Positioning Mobility; Tone Management; Visual Impairment

Wheels for Wellness

1894 Bolt Avenue, Comox, BC V9M 2J4

Phone: **250-338-0196**

Website: www.wheelsforwellness.com Email: info@wheelsforwellness.com

Non-profit charitable organization that provides transportation to and from medical appointments. Fee-for-service: by donation. Service area: Vancouver Island (no transportation provided on islands connected by ferry). Transportation to Vancouver is for Children's Hospital only.

School District #85

School District #85 Office

6975 Rupert Street, Box 90, Port Hardy, BC V0N 2P0

Phone: 250-949-6618 Fax: 250-949-8792

Website: www.sd85.bc.ca

Administrative Personnel

Superintendent of Schools Local 2236	Assistant Superintendent Local 2234
Secretary Treasurer Local 2222	Administrative Assistant Local 2235
District Principal - First Nations Programs & Educational Initiatives Local 2233	District Elementary School Counsellor Local 2232
Speech/Language Pathologist Local 2244	

Manager of Operations & Maintenance

6150 Brass Rd, Tacan Industrial Site

Port Hardy, BC V0N2P0

Phone: 250-949-8155 Fax: 250-949-7496

School District #85 Schools

A.J. Elliot Elementary (K-7)

120 4th Street, Box 149, Sointula, BC V0N 3E0

Phone: 250-973-6331 Fax: 250-973-6553

Alert Bay Elementary (K-7)

380 Larch Street, Box 29, Alert Bay, BC V0N 1A0

Phone: 250-974-5569 Fax: 250-974-5925

Website: <http://alertbayelementary.edublogs.org>

Cheslakees Elementary (K-1)

2853 Mine Road, Box 1390, Port McNeill, BC V0N 2R0

Phone: 250-956-3411 Fax: 250-956-4999

Website: www.cheslakees.sd85.bc.ca/

School District #85

Eagle View Elementary (K-7)

9050 Seaview Drive, Box 369, Port Hardy, BC V0N 2P0

Phone: **250-949-6418** Fax: 250-949-6485

Website: <http://www.eves.sd85.bc.ca/>

Fort Rupert Elementary (K-7)

5520 Beaver Harbour Road, Box 674, Port Hardy, BC V0N 2P0

Phone: **250-949-6518** Fax: 250-949-6585

Website: <http://fres.edublogs.org/>

North Island Secondary (8-12)

2071 McNeill Road, Box 100, Port McNeill, BC V0N 2R0

Phone: **250-956-3394** Fax: 250-956-2035

Website: www.niss.sd85.bc.ca

Port Hardy Secondary (8-12)

9350 Granville Street, Box 27, Port Hardy, BC V0N 2P0

Phone: **250-949-7443** Fax: 250-949-2671

Website: www.phss.ca

Sea View Elementary/Junior Secondary (K-10)

Marine Drive, Box 260, Port Alice, BC V0N 2N0

Phone: **250-284-3315** Fax: 250-284-3232

Website: <http://svejss.edublogs.org/>

Sunset Elementary (K-7)

2433 Mountain View, Box 160, Port McNeill, BC V0N 2R0

Phone: **250-956-4434** Fax: 250-956-4118

Website: <http://sunsetelementary.ca/>

Woss Lake Elementary (K-7)

Box 5070, Woss, BC V0N 3P0

Phone: **250-281-2233** Fax: 250-281-4331

Eke Me-Xi Learning Centre (8-12)

146 Ba'as Road, Box 90, Port Hardy, BC V0N 2P0

Phone: **250-949-8332** Fax: 250-949-8349

Website: <http://ekemexiblog.edublog.org/>

School District #85

Independent Schools

Avalon Adventist Junior Academy (K-10)

4640 Byng Road, Box 974, Port Hardy, BC V0N 2P0

Phone: **250-949-8243** Fax: 250-949-6770

Website: www.aaja.ca

Email: avalonacad@hotmail.com

Gwa'sala-'Nakwaxda'xw School

182 Tsulquate, Box 1799, Port Hardy, BC V0N 2P0

Phone: **250-949-7743** Fax: 250-949-7422

Quatsino K'ak'ot'lats'i School

600 Cayuse Road, Coal Harbour, BC V0N 1K0

Phone: **250-949-9666** Fax: 250-949-9680

T'lisalagi'lakw School ('Namgis First Nation)

128 Boundary, Box 50, Alert Bay, BC V0N 1A0

Phone: **250-974-5591** Fax: 250-974-2475

Wagalus School

99 C Tsaskis Way, Box 1440, Port Hardy, BC V0N 2P0

Phone/Fax: **250-949-6019**

Website: home.cablerocket.com/~wagalus/index.html

Email: wagalus@cablerocket.com