

To use the Pathway To Care please begin at left most column. Also see Additional Resources below for further information.

LEVEL OF SEVERITY ———

ONGOING CONCERN BASIC NEEDS

INCREASING CONCERN

xxx?

UN-RESOLVING ISSUE

INPATIENT TREATMENT

I have some basic ways to be well.

I am interested in learning more.

I'd like to improve my health and need help getting started.

more support.

Child and

Health

Clinician

Youth Mental

◆ Aboriginal

Youth Mental

Nanaimo BC

NARSF SAIP

Haven Society

Tillicum Lelum SAIP

Child and

Health

Clinician

EDUCATION

For general inquiries about Nanaimo Ladysmith

250-754-5521

communications@sd68.bc.ca

Mailing address:

First talk to child/youth's teacher

Public Schools please contact:

Nanaimo Ladysmith Public Schools 395 Wakesiah Avenue Nanaimo, BC V9R 3K6

Secondary Schools:

Cedar 250-722-2114 Dover Bay 250-756-4595 Island ConnectED (K-12) 250-756-9901 250-753-8211 John Barsby

250-740-2000

250-755-3342

Wellington Secondary 250-758-9191

Nanaimo District Secondary (NDSS)

HEALTH

Walk in clinics:

Caledonian Clinic on Campbell St. 250-753-3202 Caledonian Clinic on Brickyard Rd. 250-390-5200 250-753-3431 Medical Arts Centre 250-754-3218 Island Emerald Clinic 250-244-4740 Walk-in clinic at Walmart 250-585-7100 North Nanaimo Town Centre John Barsby Wellness Centre 250-753-8211 Snuneymuxw Health Centre 250-740-2337

STI/HIV Nurses:

Options for Sexual Health 250-753-9511 Public Health 250-755-3345 Tillicum Lelum 250-753-6578

* **Did you know**: If you don't have a GP you can go to the same walk-in clinic in order to maintain a file.

COMMUNITY

Nanaimo Public Health

Housing:

250-475-7550 BC Housing 1-800-665-1185 Tenants Info hotline Friendship Lelum Aboriginal Youth Homeless Shelter 250-753-8266 Nanaimo Youth Services Association (NYSA) 250-753-3212

Nanaimo Women's Resource Centre Young Mom's Aboriginal Mom's Supportive 250-755-9593 Housing

Recreation:

City of Nanaimo Parks and Recreation

250-756-5200

Nanaimo Youth Services Association

250-753 3212 Tillicum Lelum Neutral Zone 250-753-8291 Boys and Girls Club Teen Centre 250-713-5787

Safety:

RCMP 911 / 250-754-2345 MCFD 310-1234

Sexual abuse nurse examiner

VISCAN } GP/NRGH/RCMP/MCFD referral

Connect child and/or

family to GP or:

Wed/Thurs: 9am-12 and 1-3pm

address, phone?

250-739-5728

It would be great to have

Things aren't getting any better.

Aboriginal Education Assistant

School Based Team

PARENTING

Principal

NARSF LIFT Program 250-754-9285 Ext. 101 Nanaimo Boys & Girls Parenting Program 250-754-9661

250-741-5237 Strong Start 250-755-3342 Triple P Parenting 250-739-5845 Partners in Parenting

MENTAL HEALTH

Nanaimo Brain Injury Society 250-753-5600 Rainbows Grief and Loss Program 250-751-7888 NARSF Mental Health Outreach

NARSF Eating disorder support

250-754-2773 Ext. 210

250-754-2773 Ext. 213 Nanaimo Community Hospice 250-591-8811

Child Development Centre (CDC) parent/family

*See online resources

SUBSTANCE USE

DEVELOPMENT

Success by 6

support and education

SUBSTANCE USE

Pediatrician

ABUSE

Victim Link

Victims of Violence

Haven Society

MENTAL HEALTH

*navigation support

Walk-In

Child + Youth Mental Health

Young Adult Collaborative Care (YACC)

1-888-425-2666 Al-anonymous peer support Discovery Youth and Family Services N-anonymous peer support

XXX

Discovery Youth and Family Services Harris House Health Clinic 250-739-5790 **AVI Health Centre**

NARSF Transitions Program Family model detox

250-739-5790 250-753-6759

250-754-9111

diagnosis **DEVELOPMENT DEVELOPMENT** Child/Youth with special needs

FASD Key Worker Developmental Disability Mental Health Team (DDMHT)

VISCAN physician, social worker or RCMP referral (connected to the "Safety Box" in basic needs) 1-800-563-0808 1-888-606-0000 250-756-2452 Crisis Response Team (CRT) 250-739-5757 Nanaimo Crisis Line 1-888-494-3888 or text 250-800-3806 Regional General Kuu Us Crisis line 1-800-588-8717 Hospital (NRGH)

Central Island Child

Psychiatry Program

XXX

and Adolescent

physician referral

(CICAPP)

Nanaimo

Ambulatory Eating

250-754-2773 Ext. 218

XXX

XXX

XXX

250-756-2452

Disorders Team

Consulting

Mental Health Outreach

Vancouver BC

Peak House

psychitrist

(by mental health professional only)

604-254-7732

604-253-6319

Maples

BC Children's

Hospital mental

health programs

bcchildrens.ca/

our-services/ mental-health-

services

www.

Urban Native Youth Association (UNYA) Youth treatment centre

Kackaamin Family Development Centre

Port Alberni BC 250-723-7789

Vancouver BC

Ashnola at the Crossing

604-875-2345 Keremos BC

Ledger House 250-519-6720 Physician/MH clinician referral required

180 Program, John Howard Society 250-286-0611 Comox Valley BC

Beacon of Hope (males) Victoria BC

250-381-9474

Maples (by mental health professional only)



Most agencies do not share information by default. You can give permission for agencies to communicate with each other.



Additional Resources



