

FIVE-STEP REFERRAL PATHWAY: Children Birth-6 Behavioural and Social-Emotional Development

DRAFT COPY

Treatment

Basic Needs

1

Are your basic needs being met?

- Housing – Ministry of Social Development and Social Innovation, ASK Wellness
- Nutrition – Community Kitchens (ICS), Food Bank
- Safety – Ministry for Children and Family Development
- Basic Health (sleeping, eating) – Public Health
- Other – community agencies

For more information, refer to:
www.ewaykamloops.ca

Prevention, Promotion and Support

2

Do you need support in your role as a parent?

Are you connected with community supports?

Has your child had developmental screening?

Possible referrals:

- Early Years Centre
- Strong Start Programs
- Drop-in groups
- Aboriginal agencies
- Free low-cost activities

For more information, refer to:
www.makechildrenfirst.ca

Early Intervention

3

Do you have concerns about your child's social-emotional development and/or behaviour?

Refer to:

1. Community Groups
2. IDP (birth to 3)
3. ICS Early Connections (birth to 6)
4. Aboriginal Early Childhood Agencies (birth to 5)
5. CTFRC Supported Child Development for children in daycare/preschool

Community Groups

1. Circle of Security – Early Years Centre
2. Incredible Years – Boys and Girls Club
3. Nobody's Perfect – Early Years Centre
4. PAID – Interior Community Services
5. Parenting Groups – ICS, Aboriginal EC Agencies

Identified Intervention

4

Is your child able to communicate his/her needs?

Is your child sensitive to the environment (sounds, touch, smells, etc.) AND/OR always seeking sensory stimulation (moving, crashing, chewing, etc.)?

Is your child having difficulties with eating, dressing, toileting or sleeping?

Is your child having difficulties interacting with others?

Do you find your child difficult to parent?

Refer to:

- Communication/Social Skills/Sensory Processing/Self-Care – CTFRC (OT and SLP), Interior Health (SLP)
- Parent-Child Relationship Difficulties – ICS (Early Connections), Aboriginal EC Agencies, and CYMH
- Pediatricians
- Community Groups

Community Therapy Groups

1. REST – CTFRC
2. Circle of Security – Early Years Centre
3. Worry Bugs – School District
4. Children Who Witness Abuse – YMCA

Does the child show symptoms of mental health disorder or neurological impairment?

Has the child witnessed or experienced trauma?

Refer to:

- Mental health disorders (Anxiety, Depression, ADHD, ODD, PTSD): CYMH, child psychiatrist, private counselling, Secwepemc Child and Family Services
- Neurological Impairments: (FASD/ASD) – CTFRC, Insight Support Services, Behaviour Consultants
- Trauma/Abuse: CYMH, Sexual Assault Centre, YMCA (Children Who Witness Abuse), private counsellors, Secwepemc Child and Family Services
- Community Therapy Groups
- Pediatricians

Community Groups Information:

Circle of security (COS) is an attachment-based 8 week parenting program for parents of children birth to 8 years of age that teaches parents how to better understand children's needs underneath their behaviours, reflect on their responses, and be more attuned and sensitive in their responses to children. Snacks and child-minding is provided. Registration is through the Early Years Centre.

Incredible Years is an attachment-focused parenting program for parents of children 4 to 8 years old that promotes children's social-emotional competence and reduces behaviour problems. Registration is through the Boys and Girls Club.

Nobody's Perfect is a free program for parents of children birth to 5 years of age. Facilitators will cover a range of topics and guide discussions on concerns that parents may have. Food, child-minding and transportation are provided. Registration is through the Early Years Centre.

PAID is an 11-week-long attachment-focused parent-child program. The information is geared towards families with children birth to 6. Parents are expected to participate and bring one or more children with them as the first half of the group focuses on building attachment through songs and through child led activities. The second half of the group provides parents with the teaching component. There is also one home visit per week where the family support worker can assist the parent in implementing the strategies they have learned that week in group. Registrations are through Interior Community Services.

Regulation of Emotions, Sensations and Thinking (REST) is a 4 week group for parents of preschool to primary age children that offers parents tools to help their children be calmer and more focused, and to help them manage everyday emotions and activity level. Registration is through the Children's Therapy and Family Resource Centre. Cost: \$30 total for all 4 groups.

Worry Bugs is a group for children in Kindergarten and grade 1 who have anxieties and worries. It includes a parent component. Children and parents learn cognitive behavioural strategies to manage anxiety. Registration is through the Henry Grube, SD 73.

Contact Information for Referral Pathway

Aboriginal Agencies

Interior Indian Friendship Society – 250-376-1617

Lii Mischif Otipemisiwak Family and Community Services (Interior Metis) – 250-554-9486

Secwepemc Child and Family Services – 250-314-9669

White Buffalo Aboriginal Health Society and Resource Centre – 250-554-1176

ASK Wellness – 250-376-7558

Behaviour Consultants – see R.A.S.P. list through ACT-BC

Boys and Girls Club – 250-554-5437

Child and Youth Mental Health

South Shore – 250-371-3648

North Shore – 250-554-5800

Child Psychiatrist (Dr. Olabiyi) 778-471-5874

Children Who Witness Abuse Program – 250-376-7800

Children's Therapy and Family Resource Centre – 250-371-4100

Early Years Centre – 250-376-4771

Henry Grube – 250-376-2266

Kamloops Food Bank – 250-376-2252

Insight Support Services – 250-554-0085

Interior Community Services (Early Connections Program) – 250-554-3134

Interior Health – Speech and Language Services – 250-851-7300

IDP (Kamloops Infant Development Society) – 250-371-4140

Ministry of Children and Family Development

South Shore – 250-371-3600

North Shore – 250-554-5800

Child Protection Reports – 1-800-663-9122

Ministry of Social Development and Social Innovation – 1-866-866-0800

Public Health – 250-828-7300

School District 73 – 250-376-2266

Sexual Assault Centre – 250-372-0179

Strong Start Programs (SD 73) – 250-376-2266